

Feeling good

DOESN'T HAVE TO COST A LOT.

Regence Advantages

As a Regence member, you can enjoy savings on the following health-related products and services. This discount program is offered to all Regence members at no additional cost (although some discounted programs offered by vendors may carry separate fees).

Regence Advantages is not insurance but is offered in addition to your medical and/or dental plan(s) to help you stay healthy and live better.

- **TruVision™:** Significant discounts are offered on laser vision correction procedures such as LASIK and PRK. Also, save 10% to 15% on mail-order contact lenses.
- **TruHearing™:** TruHearing™ offers deep discounts on state-of-the-art digital hearing aids, and contracts with a national network of audiologists and hearing instrument specialists to provide lower costs on expert advice and service. It offers two programs to choose from—TruHearing ValueAdd™ and TruHearing MemberPlus. Both include special health plan-contracted pricing on hearing aids, one-time loss or damage replacement for three years, a 45-day money back guarantee and 48 batteries per hearing aid purchased. Similar to warehouse memberships, TruHearing MemberPlus saves you an additional \$300 to \$1,100 on hearing aids for an annual membership fee of \$108.
- **QualSight®:** Save 40% to 50% on traditional or custom LASIK through the QualSight network. IntraLase bladeless LASIK is also available for an additional \$450 per eye.
- **Epic® Dental:** Purchase smile-protecting supplies at 25% off, including mouthwash, gums, mints and toothpaste. All items contain xylitol, a natural ingredient that fights cavities.
- **CHP CAMaffinity Program:** As a Regence member, you're eligible for the CHP CAMaffinity Program, which provides a 20% discount on complementary and alternative medicine (CAM) services offered through The CHP Group's growing network of chiropractors, acupuncturists, naturopathic physicians and massage therapists.

- **CHP Active and Healthy:** CHP Active and Healthy is the discount program that gets you up, moving, and saving money! With discounts offered by thousands of participating vendors (e.g. health clubs, ski resorts, sporting events, museums, etc.) for a small annual fee, it's your source for great deals on healthy and fun activities.
- **Banfield® Pet Hospital:** As a Regence member, you receive a waived enrollment fee for Banfield Pet Hospital's Optimum Wellness Plans®, packages of preventive care that include annual blood work, vaccinations, de-worming, unlimited office visits, plus much more. Banfield is the largest veterinary hospital in the world with 800 hospitals in 43 states; most located inside PetSmart™. Learn more at banfield.com/regence.
- **Take Shape for Life®:** This safe weight management and health program uses clinically proven Medifast® products and a personal health coach to provide one-on-one guidance and encouragement. The program helps you lose weight and manage disease and health through nutritional intervention, free access to health care professionals, educational materials, and healthy habits that last a lifetime. There are no hidden costs or start-up fees. Learn more at stayhealthy4ever.com. Special savings for Regence members:
 - **\$25 special credit on your first order**
 - **Additional \$25 to \$50 off first month's order for the progressive "BeSlim" savings plan: 5% to 10% off monthly order and free shipping (minimum order required)**
 - **Free "The Secret is Out" book**
 - **Redeemable rewards points**
- **CorCell® Saving Baby's Cord Blood®:** Cord blood stem cells are now being used to treat more than 70 diseases, and research is ongoing to find treatments for even more. Regence has partnered with CorCell to offer a \$350 discount when you bank your baby's umbilical cord blood. Protect your child or give the gift of cord blood preservation to your grandchild, niece, nephew, friend or other loved one. Visit corcell.com for more information.
- **HearPO®:** Receive a 40% discount on diagnostic services, including hearing exams, and significant savings on hearing aids. You'll enjoy a 60-day no-risk trial period; one-year follow-up care; a three-year warranty, including coverage for loss and damage; and free batteries (160 cells per hearing aid)—all with a lowest-price guarantee.
- **Everest, The First Nationwide Funeral Planning and Concierge Service:** Save \$50 off the enrollment fee for Everest's suite of funeral-planning services. With advisors available 24 hours a day, you'll get the information you need to make informed decisions about all funeral-related issues, within your budget, and with a funeral home of your choice.
- **EyeMed Vision Care®:** Save 35% on a complete pair of glasses (frames and lenses). Save 15% on non-disposable contacts and \$10 on contact lens fittings. These discounts are available at leading retailers and many private practice locations.
- **Jenny®:** Jenny Craig plans are personalized and offer one-on-one support from trained weight-loss consultants. With every Jenny Craig Program you'll receive weekly scheduled consultations, planned or personalized menus, and free online support at jennycraig.com. Choose from two special offers:
 - **A Free 30-day Program***
 - **25% off a Premium Program***
- **Beltone™**:** Receive a free screening, a 25% discount on Beltone hearing aids, a one-year supply of hearing-aid batteries and free follow-up visits and testing.
- **Safe Beginnings®:** Save 15% on Safe Beginnings products, including safety gates, cabinet locks, outlet covers, window guards, and many other baby-proofing products.

Want to learn more?
 Go to myRegence.com/advantages
 or regence.com/advantages

* Plus the cost of food. Plus the cost of shipping, if applicable. Offer applies to initial membership fee only and is valid at participating centres in the United States, Canada and Puerto Rico and through Jenny Craig At Home. Each offer is a separate offer and can be used only once per person. Restrictions apply.

**Discounts through HearPO (also includes extended family), TruHearing and Beltone are available to members and their parents and grandparents.